



ADRIENNE KANE

*To Transform,
heal and inspire*



Sacred Cacao Ceremony

When we combine Ceremonial Cacao with our spiritual practice we open the door to our highest state of consciousness, allowing the connection to our Divinity.

From the time the Wild Bolivian Cacao Beans have been harvested in the Amazonian forest in Northern Bolivia, to the final production in Canada of the bars we use in ceremony, they have had only the purest of intentions placed in them.

Ceremonial Cacao is known for its heart opening experience owing to its chemical compounds such as Valeric Acid which is known to block stress hormones, thus allowing the release of Dopamine and the endorphin Phenylethylamine, better known as “the love drug” resulting in many participants reporting positive and often eutrophic emotions during and after ceremony.

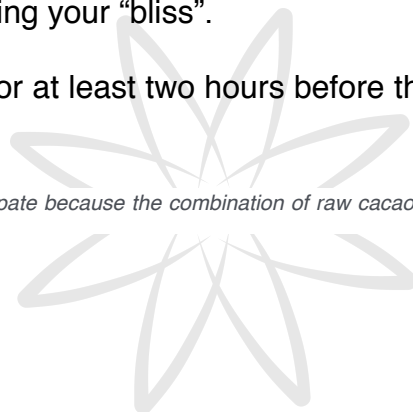
From a health perspective Cacao contains Theobromine, Antioxidants, Tryptophan, Magnesium, Potassium, Iron, Zinc and Phosphorus all of which assist in boosting energy, improving blood circulation and relaxing muscles, resulting in a younger, happier, healthier mind, body, spirit.

The bars we use in ceremony are created from a mindful and connected space by a dear friend of mine, Tyson. Together we have sourced Wild Bolivian Cacao Beans. These small beans (half the size or normal beans) are Full Flavoured, Organic, Ethically Farmed and of the Highest Grade available. Once purchased they are sent to Canada where Tyson then adds Canadian Organic Raw Honey. Tahitian Vanilla Caviar and Pink Himalyan Salt. Each bar has been embedded with the symbol known as the Flower of Life (the seed of all creation) as a reminder of the connectedness and Oneness of all.

Once Adrienne has received the Ceremonial Cacao she then places her prayers and intentions into these bars, taking time to connect Shamanically to all Spirits involved in the entire process before passing them onto you. When we go into ceremony Adrienne will guide you to make your connection, allowing your heart to open whilst experiencing your “bliss”.

It is recommended to abstain from food and stimulants for at least two hours before the ceremony to maximise your experience.

Note: If you are on anti-depressants, mood stabilisers, it is not advisable to participate because the combination of raw cacao and such substances may be harmful



for more information on Adrienne visit